Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 00:00 on Monday 19 Jun 2023 until 23:59 on Tuesday 20 Jun 2023

Forecast Issued on Sunday 18 Jun 2023 at 15:48 by Met Office Aberdeen

Confidence: High for heavy rain at first, turning to showery conditions over the coming days. Lower for detail of precipitation.

Headline for Monday 19 Jun 2023: Heavy rain during the morning, turning to sunshine and showers into the afternoon.

Mountain weather hazards on Monday 19 Jun 2023

Blizzards
No Likelihood

Gales
No Likelihood

Thunderstorms
Low Likelihood

Heavy persistent snow
No Likelihood

Severe chill effect
No Likelihood

Heavy persistent rain
Low Likelihood

Storm force winds
No Likelihood

Poor visibility
Low Likelihood

Strong sunlight
High Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Heavy Rain	Heavy Rain	Heavy Rain	Heavy Rain	Heavy rain showers	Heavy rain showers	Sunny intervals	Sunny intervals
Precipitation probability							
80%	80%	80%	60%	60%	40%	30%	10%

Forecast for Monday 19 Jun 2023

Weather: Heavy rain will push northwards over the region, easing then largely clearing by late morning. Heavy, perhaps thundery showers will follow behind but there will still be some good dry breaks. Into the evening there may still be the odd shower but it will be mostly dry with some late sunshine to end the day.

Chance of cloud-free hill tops above 800m: 30%, increasing to 80% by early afternoon.

Low Cloud and visibility: Widespread scattered or broken low cloud, base 500-700m across region, mainly clearing by late morning, perhaps few or scattered amounts of cloud lingering in far west for a little longer. Moderate or poor visibility in heavy rain. Generally very good into the afternoon but temporarily reducing in showers.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Monday 19 Jun 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	17/22 SE	19/24 E	13/17 NE	17/21 SW	25/33 SW	26/36 SW	26/36 SW	23/31 S	21/28 S
900	19/24 SE	14/21 E	10/14 E	12/16 SW	19/26 SW	20/30 SW	20/29 SW	18/25 S	14/21 S
600	8/12 S	11/15 NE	10/13 NE	14/18 SW	21/29 SW	23/33 SW	23/32 SW	19/27 S	14/20 S
300	7/12 SE	4/7 E	5/8 N	7/11 SW	13/20 SW	15/23 SW	13/22 SW	10/17 S	7/12 S
Glen	3/8 E	4/10 NE	4/10 N	6/12 SW	12/23 SW	13/25 SW	12/24 SW	8/17 SW	5/11 S

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	8/5	8/4	8/5	8/4	8/4	9/4	8/4	8/4	7/3
900	9/6	10/7	9/7	10/7	10/7	12/8	11/8	10/7	10/7
600	12/11	12/10	12/10	12/9	12/9	13/10	13/10	13/9	12/10
300	14/14	13/13	13/12	13/12	14/12	16/13	16/13	14/13	14/13
Glen	16/16	14/14	14/14	15/14	16/14	18/16	18/16	16/15	15/15
Freezing Level*	2800m	2800m	2600m	2600m	2500m	2500m	2500m	2500m	2500m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Very wet conditions during the morning will make conditions unpleasant.

Forecast for Tuesday 20 Jun 2023
Weather: Perhaps a little low cloud at first on Tuesday with the odd shower but generally a dry and fine morning before scattered showers develop during the afternoon. Plenty of dry or sunny spells outside of showers.

Maximum wind: Southerly 10-15 mph, gusting 20 mph at first.

Chance of cloud-free hill tops above 800m: 60% at first, increasing to 90%.

Low Cloud and visibility: Few or scattered low cloud, base 600-800m at first, lifting by mid-late morning. Generally good or very good visibility but temporarily reducing in showers during the afternoon.

Temperature: **Glens:** Plus 14 rising to plus 21 Celsius.
At 800m: Plus 10 rising to plus 14 Celsius.
Freezing level: Above summits.

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